

WORK-ENERGY METHODS FOR DEFLECTIONS

READING: TEXT CHAPTER 10

Definition of work due to force

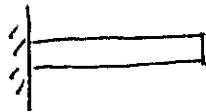
WORK = FORCE x DISPLACEMENT

IN DIRECTION OF FORCE  
(VECTOR QUANTITIES)

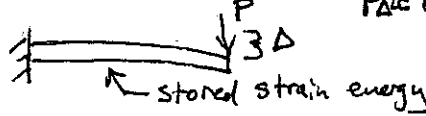
Conservation of energy:

Applied External Work = STORED INTERNAL ENERGY

UNDEFORMED BEAM



DEFORMED BEAM

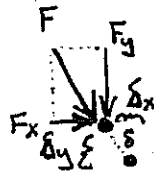


Part external work

CE 3202<sup>o</sup> LOAD APPLIED SLOWLY → NO KINETIC ENERGY (NOT DYNAMIC)  
NO HEAT ENERGY (NO DAMPING)

A. WORK DONE BY FORCES: (W)

FORCES



$W = FS$   
 $W = F_x \delta x + F_y \delta y$

- Displacement is in direction of Force.

MOMENTS



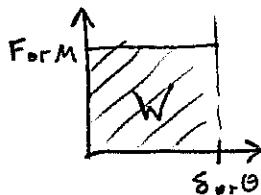
$W = M\theta$

-The above assume that forces remain constant as they are applied:

IN GENERAL:  $W = \int_0^{\delta} F ds$  for forces  
 $W = \int_0^{\theta} M d\theta$  for moments

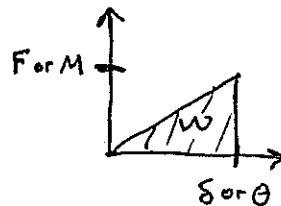


Constant case:



$W = FS$   
 $W = M\theta$

Linearly Varying case (Gradually Applied Load)

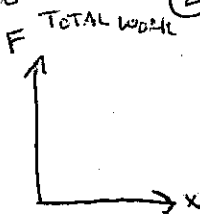


$W = \frac{1}{2} FS$   
 $W = \frac{1}{2} M\theta$

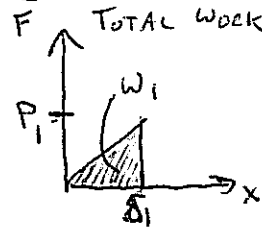
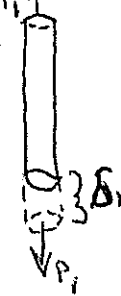
which one to use ???

IMPORTANT DISTINCTION:

① Unloaded bar

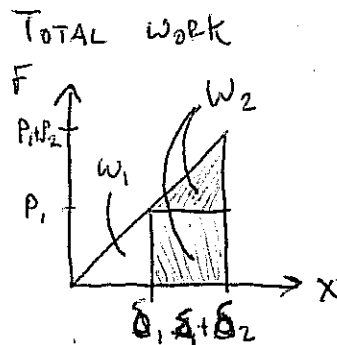


② Add load gradually:  $F: 0 \rightarrow P_1$



$$W_1 = \frac{1}{2} P_1 \delta_1$$

③ Now, Add MORE LOAD:  $F: P_1 \rightarrow (P_1 + P_2)$



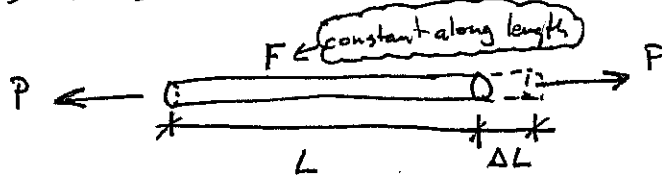
$$\Sigma W = W_1 + W_2$$

$$W_1 = \frac{1}{2} P_1 \delta_1$$

$$W_2 = \frac{1}{2} P_2 \delta_2 + P_1 \delta_2$$

## B. Strain Energy : ( $U$ )

### 1.) Truss Bars



$P$  = Applied load

$F$  = Internal force

$F: 0 \rightarrow P$

$L$  = length

$\Delta L$  = change in length

Strain Energy increases from 0 as Force is applied.

$$U = \frac{F}{2} \Delta L$$

→ why  $\frac{F}{2}$ ?



$$\epsilon = \frac{\Delta L}{L}, \quad \sigma = \frac{F}{A}$$

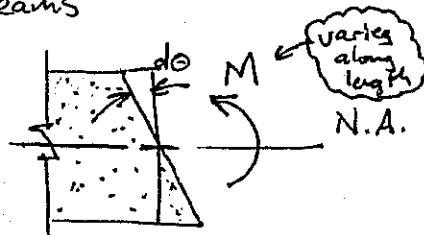
$\sigma = E \epsilon$  (in elastic range)

$$\Delta L = \frac{FL}{AE}$$

$$U = \frac{F}{2} \frac{FL}{AE} = \frac{F^2 L}{2AE}$$

$$U = \frac{F^2 L}{2AE}$$

### 2.) Beams



$$dU = \frac{M}{2} d\theta$$

$$d\theta = \frac{M}{EI} dx$$

derivation of Moment-area method

$$dU = \frac{M}{2} \frac{M}{EI} dx = \frac{M^2}{2EI} dx$$

$$U = \int_0^L \frac{M^2}{2EI} dx$$

### C. WORK-ENERGY METHOD (Method of Real Work)

SET EXTERNAL WORK ( $W$ ) EQUAL TO INTERNAL STRAIN ENERGY ( $U$ )

$$W = U$$

→ When a structure is loaded by a single force, the displacement at that force can be determined.

EXAMPLE Truss Deflection

$$\frac{1}{2}PS = \sum \frac{F^2L}{2AE}$$

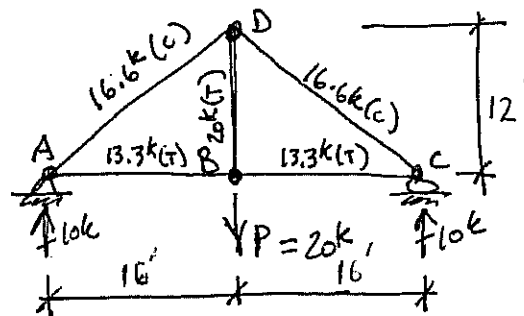
Sum of Strain Energy in all bars

FIND VERTICAL DEFL. @ B

$$\delta_B = \frac{1}{P} \sum \frac{F^2L}{2AE}$$

$$E = 29,000 \text{ ksi}$$

$$A = 0.5 \text{ in}^2$$



$$\delta_B = \frac{1}{20k} \left[ (2) \frac{(16 \cdot k)^2 (20 \text{ ft}) \left( \frac{12 \text{ in}}{\text{ft}} \right)}{(2) (0.5 \text{ in}^2) (29,000 \frac{k}{\text{in}^2})} + (2) \frac{(13.3k)^2 (16 \text{ ft}) \left( \frac{12 \text{ in}}{\text{ft}} \right)}{(2) (0.5 \text{ in}^2) (29,000 \frac{k}{\text{in}^2})} + \frac{(20k)^2 (12 \text{ ft}) \left( \frac{12 \text{ in}}{\text{ft}} \right)}{(2) (0.5 \text{ in}^2) (29,000 \frac{k}{\text{in}^2})} \right]$$

$$\delta_B = \frac{1}{20} [ 4.55 \text{ in} + 9.37 + 1.99 \text{ in} ]$$

$$\delta_B = 1.6 \text{ in}$$

This method is extremely limited and is almost never used. Instead, consider the next lesson, method of virtual work.